

C Zeit	Altersklassen												Zeit
	Jungen M8/9 2003/2002	Mädchen W8/9 2003/2002	Jungen M10/11 2001/2000	Mädchen W10/11 2001/2000	Jungen M12/13 1999/98	Mädchen W12/13 1999/98	Jungen M14/15 1997/96	Mädchen W14/15 1997/96	männl. Jgd. B 1995/94	weibl. Jgd. B 1995/94	männl. Jgd. A 1993/92	weibl. Jgd. A 1993/92	
10:00			50mVL		Hoch	Hoch	Weit1	Weit2					10:00
10:10													10:10
10:15				50mVL									10:15
10:20													10:20
10:30	50mVL												10:30
10:40			Weit 3/4										10:40
10:45		50mVL											10:45
11:00	Weit 1/2												11:00
11:05				Ball 3/4									11:05
11:10	je 3 Versuche	Ball 1/2			75mVL								11:10
11:20		je 3 Versuche				75mVL							11:20
11:35							100mVL						11:35
11:40								100mVL					11:40
11:45									100mZEL		100mZEL		11:45
11:50										100mZEL		100mZEL	11:50
11:55					75mEL 12+13								11:55
12:00						75mEL 12+13							12:00
12:15			Ball 3/4				100mEL 14+15						12:15
12:20					Weit1	Weit2		100mEL 14+15					12:20
12:30				Weit 3/4									12:30
12:40													12:35
12:50	50mEL 8+9												12:50
13:00		50mEL 8+9								200m ZEL		200m ZEL	13:00
13:10											200m ZEL		13:10
13:20												200m ZEL	13:20
13:30													13:30
13:40	Ball 1/2												13:40
13:50		Weit 1/2						80mHüZL	80mHüZL				13:50
13:55													13:55
14:00	je 3 Versuche	je 3 Versuche				60mHüZL							14:00
14:05													14:05
14:15			50mEL 10+11										14:15
14:20				50mEL 10+11									14:20
14:30							4x100m	4x100m					14:30
14:45					4x75m	4x75m							14:45
14:50													14:50
15:00			4x50m				Hoch	Hoch					15:00
15:10				4x50m									15:10
15:20	4x50m								Weit1	Weit1	Weit1	Weit1	15:20
15:30		4x50m											15:30
15:40			1000m										15:40
15:50	1000m												15:50
16:00					1000m								16:00
16:10		800m						1000m					16:10
16:20													16:20
16:30				800m									16:30
16:40						800m							16:40
16:50								800m		800m		800m	16:50
16:55									800m		800m		16:55
Legende:													
					Nebenanlage			Stadion	VL-Vorlauf		ZL-Zeitlauf	EL-Endlauf	